



Kayaking Classes at Liberty Park - Silver Lake

Provided by Mountain Valley Guides

Family Kayaking : A 1.5 hour program for parents and kids to enjoy kayaking in safe/calm waters of Silver Lake. Guides will provide instruction and lead a paddle around Silver Lake. Kids must be at least 8 years of age to participate. Dates: 5/14, 5/21, 5/29, 6/4 and 6/19. \$25 per person.

Intro to Kayaking for Adults: This class is for anyone who is interested in learning how to kayak. Our guides provide a quick overview of kayaking and will teach 3 basic paddling strokes and have you out on the lake paddling like a pro in minutes. Dates: 5/15, 5/21, 5/30, 6/4, 6/19. \$25 per person.

KICKS (Kids In Colorful Kayaks): This kid's only kayak program is for kids ages 8 – 13 yrs old. Guides will provide instruction. Dates: 5/14, 5/15, 5/29, 5/30. \$25 per child.

Kayak Rentals: 1.5 hour rentals available at select times. Advanced registration is required to assure that MVG is on-site. \$25 per kayak.

Advanced registration required for classes and rentals call (845) 661-1923.

